

BEACH TOWN THROW DOWN - TEAMS

HAM AND EGGS				
TIME	HEAT	LANE	DIVISION	ATHLETE NAME
8:00 AM	1	Lane 1	Team - Women's Scaled	Bad Beaches Only
		Lane 2	Team - Women's Scaled	Spice Girls
		Lane 3	Team - Women's Scaled	The Young and the Breathless
		Lane 4	Team - Women's Scaled	Mean Mugs & Shoulder Shrugs
		Lane 5	Team - Women's Scaled	Straight Out the Kitchen
		Lane 6	Team - Women's Scaled	Aggressively Average Yerry
		Lane 7	Team - Women's Scaled	Bad But Not Terrible
		Lane 8	Team - Women's Scaled	No Scrubs
		Lane 9	Team - Women's Scaled	Wanna Pizza Us
8:13	2	Lane 1	Team - Women's Scaled	Femme Fatales
		Lane 2	Team - Women's Scaled	Cake Challenge Accepted
		Lane 3	Team - Women's Scaled	Early Birds
		Lane 4	Team - Women's Scaled	Chafing the Dream
		Lane 5	Team - Women's Scaled	Dumbbells Then Donuts
		Lane 6	Team - Women's Scaled	Sizzlin Sisters
		Lane 7	Team - Women's Scaled	Aggressively Average Beck
		Lane 8	Team - Women's Scaled	Vicious and Delicious
		Lane 9	Team - Women's Scaled	Strong As A Mother
8:26	3	Lane 1	Team - CoEd Scaled	F4L Force Blue
		Lane 2	Team - CoEd Scaled	Team IcyHot
		Lane 3	Team - CoEd Scaled	F4L Force Red
		Lane 4	Team - CoEd Scaled	Moms and Pops
		Lane 5	Team - CoEd Scaled	Cirque de Sore Legs
		Lane 6	Team - CoEd Scaled	It NEVER gets easier.
		Lane 7	Team - CoEd Scaled	Tran & Vega
		Lane 8	Team - CoEd Scaled	3 Parkers & a Claire
		Lane 9	Team - CoEd Scaled	Slim Thicc

HAM AND EGGS				
8:39	4	Lane 2	Team - CoEd Scaled	Lean, Mean and Fresh Out of Quarantine
		Lane 3	Team - CoEd Scaled	Buck Furpees
		Lane 4	Team - CoEd Scaled	Sandbaggers
		Lane 5	Team - CoEd Scaled	Emergency Beaches
		Lane 6	Team - CoEd Scaled	FUNdamentals
		Lane 7	Team - CoEd Scaled	F4L Force White
		Lane 8	Team - CoEd Scaled	F4L Force Masters
8:52	5	Lane 1	Team - Men's Scaled	Diggly Wick II
		Lane 2	Team - Men's Scaled	Bohica Bandits
		Lane 3	Team - Men's Scaled	5am Variety Pack
		Lane 4	Team - Men's Scaled	Barely Legal
		Lane 5	Team - Men's Scaled	Buzzed Barbells
		Lane 6	Team - Men's Scaled	Hogtown Grit Gang
		Lane 7	Team - Women's Intermediate	Good but not Elite
		Lane 8	Team - Women's Intermediate	519 Bella Beasts
		Lane 9	Team - Women's Intermediate	All Gas No Brakes
		Lane 10	Team - Women's Intermediate	Charlie's Angels
8:52/9:05	6	Lane 1	Team - Women's Intermediate	Powell Fitness
		Lane 2	Team - Women's Intermediate	TKC
		Lane 3	Team - Women's Intermediate	BFFs
		Lane 4	Team - Women's Intermediate	Blue Mountain Beasts
		Lane 5	Team - Women's Intermediate	Yeet & Yerk
		Lane 6	Team - Women's Intermediate	3 Talls & a Venti
		Lane 7	Team - Women's Intermediate	The Decepticons
		Lane 8	Team - Women's Intermediate	Ladies of Catch
		Lane 9	Team - Women's Intermediate	We Got Cake
		Lane 10	Team - Women's Intermediate	QFE Quartet Threat

HAM AND EGGS				
9:18	7	Lane 1	Team - CoEd Intermediate	Zero Fox
		Lane 2	Team - CoEd Intermediate	Walking Wounded
		Lane 3	Team - CoEd Intermediate	3 Old Farts and a Squirt
		Lane 4	Team - CoEd Intermediate	Snatchue of Liberty
		Lane 5	Team - CoEd Intermediate	Boomer and the Kids
		Lane 6	Team - CoEd Intermediate	CFOR Black
		Lane 7	Team - CoEd Intermediate	Jerks and Snatches - Asperitas
		Lane 8	Team - CoEd Intermediate	Behemoth Rhapsody
		Lane 9	Team - CoEd Intermediate	Align Crew
		Lane 10	Team - CoEd Intermediate	Panda Assassin Squad
9:31	8	Lane 1	Team - CoEd Intermediate	Chalk Blockers
		Lane 2	Team - CoEd Intermediate	Vaxxed and Waxed
		Lane 3	Team - CoEd Intermediate	Hierarchy Hooligans
		Lane 4	Team - CoEd Intermediate	Fighting Spirit 2.0
		Lane 5	Team - CoEd Intermediate	Bamboozled
		Lane 6	Team - CoEd Intermediate	Thick Thighs and The Guys
		Lane 7	Team - CoEd Intermediate	Velocitraptors
		Lane 8	Team - CoEd Intermediate	Pew Pew Crew
		Lane 9	Team - CoEd Intermediate	Shell Raisers
9:44	9	Lane 1	Team - CoEd Intermediate	CrossFit Stars & Bars
		Lane 2	Team - CoEd Intermediate	Chicks Carry this Team
		Lane 3	Team - CoEd Intermediate	Crashletes
		Lane 4	Team - CoEd Intermediate	Sumter in Exile
		Lane 5	Team - CoEd Intermediate	I'm in danger
		Lane 6	Team - CoEd Intermediate	Cookies N Cream
		Lane 7	Team - CoEd Intermediate	Fire Breathing Rubber Duckies
		Lane 8	Team - CoEd Intermediate	Balls and Bikinis
		Lane 9	Team - CoEd Intermediate	Thighsmen Trophy

HAM AND EGGS				
9:57	10	Lane 1	Team - Men's Intermediate	Blood, Sweat & Beers
		Lane 2	Team - Men's Intermediate	Thicc Boy Club
		Lane 3	Team - Men's Intermediate	Just the Kip
		Lane 4	Team - Men's Intermediate	Team Palmetto Savages
		Lane 5	Team - Men's Intermediate	Hakuna Masquata
		Lane 6	Team - Men's Intermediate	Daddy and The Boys
		Lane 7	Team - Men's Intermediate	No Quarter
		Lane 8	Team - Men's Intermediate	A Team of Guys No One Else Wanted
		Lane 9	Team - Men's Intermediate	That's What She Said
10:10	11	Lane 2	Team - Men's Intermediate	Thruster Snatch
		Lane 3	Team - Men's Intermediate	Cops, Jocks, and Docs
		Lane 4	Team - Men's Intermediate	Savages
		Lane 5	Team - Men's Intermediate	No Hair Don't Care
		Lane 6	Team - Men's Intermediate	CrossFit South Cherry A Team
		Lane 7	Team - Men's Intermediate	Beach boyz
		Lane 8	Team - Men's Intermediate	Dirty Mike and the Boys
		Lane 9	Team - Men's Intermediate	3 Billies & A GOAT
10:23	12	Lane 3	Team - CoEd Rx	Just Send It.
		Lane 4	Team - CoEd Rx	Team Unorthodox
		Lane 5	Team - CoEd Rx	Shrimp & Grits
		Lane 6	Team - CoEd Rx	Broken Barnacles
		Lane 7	Team - CoEd Rx	Slice Slice Baby
		Lane 8	Team - CoEd Rx	TKC-12th state
10:36	13	Lane 2	Team - Men's Rx	OHHH SHOOT!
		Lane 3	Team - Men's Rx	Wet for Cedric
		Lane 4	Team - Men's Rx	Eskimo Brothers
		Lane 5	Team - Men's Rx	The Quarterfinalists
		Lane 6	Team - Men's Rx	Crossfit South Cherry
		Lane 7	Team - Men's Rx	RJ and Friends
		Lane 8	Team - Men's Rx	5-1-9ers
		Lane 9	Team - Men's Rx	BDG East

HAM AND EGGS

BEACH TOWN THROW DOWN - TEAMS

BEAUTIFUL DISASTER				
TIME	HEAT	LANE	DIVISION	ATHLETE NAME
9:45	1	Lane 1	Team - Women's Scaled	Bad Beaches Only
		Lane 2	Team - Women's Scaled	Spice Girls
		Lane 3	Team - Women's Scaled	The Young and the Breathless
		Lane 4	Team - Women's Scaled	Mean Mugs & Shoulder Shrugs
		Lane 5	Team - Women's Scaled	Straight Out the Kitchen
		Lane 6	Team - Women's Scaled	Aggressively Average Yerry
		Lane 7	Team - Women's Scaled	Bad But Not Terrible
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		Lane 9	Team - Women's Scaled	Wanna Pizza Us
10:00	2	Lane 1	Team - Women's Scaled	Femme Fatales
		Lane 2	Team - Women's Scaled	Cake Challenge Accepted
		Lane 3	Team - Women's Scaled	Early Birds
		Lane 4	Team - Women's Scaled	Chafing the Dream
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		Lane 7	Team - Women's Scaled	Aggressively Average Beck
		Lane 8	Team - Women's Scaled	Vicious and Delicious
		Lane 9	Team - Women's Scaled	Strong As A Mother
10:15	3	Lane 1	Team - CoEd Scaled	F4L Force Blue
		Lane 2	Team - CoEd Scaled	Team IcyHot
		Lane 3	Team - CoEd Scaled	F4L Force Red
		Lane 4	Team - CoEd Scaled	Moms and Pops
		Lane 5	Team - CoEd Scaled	Cirque de Sore Legs
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11:30	7	Lane 1	Team - CoEd Intermediate	Zero Fox
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12:00	9	Lane 1	Team - CoEd Intermediate	CrossFit Stars & Bars
		Lane 2	Team - CoEd Intermediate	Chicks Carry this Team
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		Lane 3	Team - Men's Intermediate	Just the Kip
		Lane 4	Team - Men's Intermediate	Team Palmetto Savages
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